

The Path to Prosperity



*The 7 Core Reasons Why You're Not
Manifesting Prosperity... and How to Start*

Jammi Baliszewski, Ph.D

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Tammi Baliszewski, Ph.D.

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The Path to Prosperity

By Tammi Baliszewski, Ph.D.

The strongest single factor in prosperity consciousness is self-esteem: believing you can do it, believing you deserve it, believing you will get it.

~ Jerry Gillies

Congratulations on taking this powerful and important step on your path to manifesting greater prosperity in your life.

First I would like to define prosperity. In the Merriam-Webster dictionary, it is described as thriving. It is also interpreted to mean good fortune, or successful conditions, especially in financial respects. Therefore, my interpretation of prosperity is more than money — but money is an important piece of the puzzle.

From my perspective, true prosperity includes flourishing conditions in every area of one's life. This includes the physical body and vibrant health; fulfilling relationships and the experience of great love; happiness and a sense of purpose; creativity and contribution; AND plenty of money.

In fact, you get to describe and claim your personal prosperity in any way you choose. So take a moment and really think about it. What would YOU like YOUR personal prosperity to look and feel like?

What I have learned from people who are living examples of authentic prosperity, as well as teachers of prosperity consciousness, it is agreed true prosperity is first created from an inner experience, energy and mindset. From there it can be manifested in one's outer reality. My intention with this program is to help you create this inner experience, energy and mindset of prosperity, so that your outer reality will naturally follow suit.

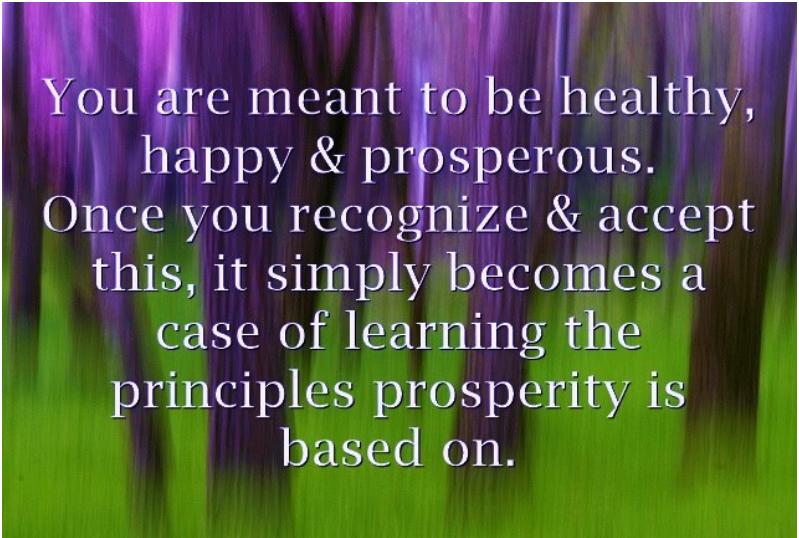
Here are my intentions in greater detail, I want to help you:

1. Get clear about what you want
2. Identify where you are blocked
3. Give you information and action steps to help you remove your barriers to prosperity
4. Give you comprehensive exercises to shift your consciousness, activate the prosperity process, and experience greater fulfillment and abundance in your inner realms
5. Relax and receive synchronicity, worldly and otherworldly support, and manifest your Divine Inheritance in the outer world

Why am I doing this? Because I have struggled intensely in my relationships, with my finances and with my health. It was incredibly painful and I wouldn't wish these experiences on anyone. I have since discovered the principles that ushered me from a life of overwhelm and poverty, to a life of fulfillment and prosperity. Now I want to alleviate suffering, be of service, empower others, and share this information with anyone who wants it.

So whether you are struggling, confused and/or suffering, OR if you would simply like to refine, uplevel and make your good life great, I am confident this information can support you.

As you review this material, it may appear simple, because it is. But it is also very powerful. The bottom line is, it works. These are the tools I have personally used to manifest prosperity. I have also supported thousands of people use these techniques to remove their blocks and claim more love- based, fulfilling and prosperous lives. However, for this information, tools and exercises to work, you need to use them.



You are meant to be healthy,
happy & prosperous.
Once you recognize & accept
this, it simply becomes a
case of learning the
principles prosperity is
based on.

If you work constantly with these principles I am sharing with you, you will cultivate new habits. And as you do, you will find how you inwardly feel, and the outer experience of your life, starting to shift and transform.

It has been stated by scientists and manifesting experts that it takes about 30 days to create a new habit, so don't just glance at this information and forget about it. Commit to yourself for a month, and be prepared for synchronicity, support and feedback from the Universe. Also know the more you work **WITH** these simple steps, the more they will work **FOR** you!

The truth is you deserve joy, prosperity, fulfillment and success - everyone does! The difference for those who manifest prosperity and those who do not is simply about habits, deep beliefs of personal value, and one's ability to receive it.

Together, I know we can clear your path to prosperity - if you really want it, if you commit to yourself, if you apply yourself, and if you consistently implement these comprehensive principles.

Know I am your "manifesting battery" and sending you blessings of healing, joy, immense prosperity and great love. Please be in touch with any questions, thoughts comments, prayer requests and your stories of success!

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The 7 Core Reasons You're Not Manifesting Prosperity...

I have identified seven primary reasons why people have problems manifesting. Whether you can relate to all seven of them, or just one, it can impede your ability to create and manifest what you deserve and desire in your life.

Get out a pen and paper, and write down the blocks that resonate for you. You can also elaborate on them in greater detail. You may experience revelations and “ahas” which can help you shift your energy and vibration in an instant.

Becoming conscious and clear about your blocks will help you to effectively remove them, as we move into the second portion of this program.

1. You Are Not Clear

The number one issue I see with people who have problems manifesting is they are just not sure what they want. Perhaps you have been so busy running on the “gerbil wheel of life” that you have not taken the time to think about what you really want.

Maybe you have one foot in and one foot out of this whole prosperity thing. Maybe you don’t think you need love, prosperity or material items to be happy. Perhaps you have a buried belief that there is a negative consequence to having what you want; or that you have to struggle to get by; or that it is somehow noble to suffer.

Dueling desires or scattered intentions are like having one foot on the accelerator and the other foot on the brakes in the car of your life. Or going right, then going left and then right again. Additionally, Unclear or unclaimed goals is like not having our hands on the steering wheel of life at all. This is when we create our life by default and life happens “to us” rather than for us, or in partnership with us. All of these scenarios are disempowered and make it hard to get anywhere, and challenging (or impossible) to manifest anything.

If you are not clear and congruent about what you want, and if you do not have well defined intentions, it makes it challenging (or impossible) for the Universe to deliver!

2. You Want it Too Much

Having an ATTACHMENT rather than a PREFERENCE to something can prevent it from showing up. When you want something *desperately* there is a negative energy around it. “Grabbiness,” “neediness” and fear are not energetically attractive. Think of a magnet: fear pushes what you want away from you; love pulls what you want to you. Additionally, fear and worry can draw to you what you are afraid of and worried about.

When someone wants anything too much, they are unreceptive and essentially disconnected from the Source of abundance. True prosperity comes from faith and from the experience of trust, from an openness and sense of flow, rather than worry, constriction and fear.

If you desperately want something, it is a FEAR-BASED *repelling energy* rather than a LOVE-BASED *attractive energy*!

3. Unfinished Business

Do you have unresolved issues, situations or emotions? Are there people in your life that you have not forgiven? Do you feel guilty about mistakes or poor decisions you have made in the past? Are you feeling judgment and/or anger towards yourself or someone else?

Unprocessed emotions and unfinished business creates “stuck energy” and stunts the manifesting process. This, in turn, prevents you from attracting positive opportunities and sustained prosperity. Ignored feelings, stuck emotions, judgment and negativity (towards yourself or anyone else) are like having noxious weeds in a garden. They bog you down, take up valuable space and make it impossible to plant the seeds (much less reap the harvest) of the flowers and fruit you really deserve and desire from the garden of your life.

If your past is not clean and clear, the space is not available to create the future you desire and deserve!

4. Subconscious Blocks

Buried subconscious material can create significant barriers to manifesting money, success, happiness and prosperity. Perhaps you witnessed your parents fighting, perhaps you heard fear-based, limiting messages such as “We can’t afford it,” or “Money doesn’t grow on trees.” Perhaps you did not receive all of the love and attention you wanted and needed as a very young person, and this created a belief that you were not important or valuable.

As children, we are in deep “programmable brainwave states” and essentially in an altered state of consciousness. What we see, hear, and experience as a child (even if we do not remember what those experiences were) weaves into the fabric of who we are at the deepest level, creates our foundation, and sets the course for the rest of our lives. Early childhood trauma or “negative” memories can create a fractured foundation and make it challenging to build a life of success, prosperity and fulfillment.

Even witnessing minor events, or hearing brief conversations as a child, can be taken on as FACT in our subconscious minds and then sets the course for a less-than-prosperous future.

5. You Don’t Really Believe it is Possible

Do you believe it is impossible to manifest your heart’s desire? Are you harboring limiting beliefs? Maybe you think you are too old, (or too young), too much, (or not enough), not smart enough, not special enough, or attractive enough to manifest prosperity, or whatever it is you really want.

If your mind and heart are not cracked open to the possibility of prosperity, it makes it hard for your opportunities, abundance and what you long for to come through the door. The bottom line is, in order to manifest anything, you must first believe it is possible!

Maybe you think success, money and love are for OTHER people—but not for you.

6. You Don't Deeply Believe You Deserve it

Perhaps you do not believe are worthy of what you really want. Perhaps you are unconvinced of your importance. Maybe you are unaware of all the things that make you valuable, awesome and amazing. If you do not deeply know how wonderful and worthy you are, the Universe, and others, cannot reflect back to you how precious, treasured and cherished you really are!

You may consciously believe you want something, but if you do not subconsciously believe you deserve it, it will be impossible to attract it. When it comes to manifesting, the subconscious mind always wins. If you do not deeply believe you deserve something you want, you can work hard to try and get it - but it will be impossible for you to attract, manifest and sustain it.

You ALWAYS manifest EXACTLY what you deeply believe you deserve.

7. You are Living More From Your Mind Than Your Heart

When we live primarily from our intellect and our minds, we live in separation, fear, competition, and ego (also known as Edging God Out). When we live from our heart, we are aligned with our soul, Higher Self, and Source. We experience life from a place of connection, cooperation, love and IGO (Inviting God Only).

The same energy that moves the planets around the sun, holds the stars in their places, and takes care of the seasons, CAN take care of us. But since we live on a planet of free will and choice, we need to make that choice, extend the invitation, choose faith, and relax into the space of safety and love within.

The most important question you can answer for yourself becomes: "Is the Universe a safe and loving place or not?" If your answer is no, you are building your life on a foundation of fear. This foundation will never support a life of authentic abundance and sustained prosperity.

If you do not believe you are deeply loved by the Universe, open your mind to experimenting with the notion that you ARE profoundly loved. Be like a spiritual scientist and "try it on." Look around and consider ways that you are being supported and "proof" that you are loved and adored. This is the way to open the door to a conscious, love-based partnership with the Universe. And I promise you there is no downside!

There is no real safety and security “out there.” True safety and security comes from relaxing into the space of love within, aligning our Higher Self and partnering with Source.

Can you relate to any of these 7 core blocks? If so, now what?

Once you have identified your blocks, we can now start to dismantle them. By actively participating with these following 14 steps, it will naturally help you dissolve your barriers to prosperity, increase your vibration, AND start moving you in the direction of your dreams.

1. Set Your Intentions!

What do you want? Get clear! Claim it! Write it down! Setting an intention is like programming a destination on your vehicle navigation system . . . if you don’t know where you want to go, it is going to be hard to get there. You have to let the Universe know what you want, in clear and certain terms.

Intention setting is one of the most powerful Universal laws, and is a tool that can work for you. WRITING DOWN your intentions is the greatest predictor for success and begins to anchor what you want in physical world reality.

When you set an intention, when you commit, the entire Universe conspires to make it happen.

You can set the intention: “I want to be prosperous,” but I also recommend getting clear, detailed and specific. Create a list, or an ideal scenario. Put a symbol of you as your empowered self in the center of a piece of paper (maybe a diamond, a heart, or a wonderful picture of yourself). From there, draw spokes off

of the center image, with first person, present tense empowered statements and intentions.



Some spokes may include: I am living an empowered life of great love; I am naturally manifesting wonderful opportunities, I am making (however much money you want to claim) per week; I am vibrantly healthy and easily maintaining my optimal weight.

Whatever you want to claim, get clear and write it down! Somewhere on the paper include this statement “This or something better for the highest good of all concerned.”

You may also want to imagine, consider and write out a perfect day in your empowered and prosperous life. Go into detail and enjoy the feeling of it!

This powerful, yet simple step helps you partner with the Universe, plants the seeds for manifesting, starts your prosperity engine in earnest, and empowers your ability to co-create your life.

2. Claim an Empowered Prosperity Affirmation

Distill your intentions down, and create an affirmation that embodies your ideal scenario and/or an empowered prosperity affirmation.

An affirmation is a positive statement that describes a desired situation. You start the process with your conscious mind, the mind you think with. When affirmations are repeated often, they filter down, plant seeds and program the subconscious mind. Once these seeds take root, the subconscious mind will take over, and use its incredible power to make the affirmation come true.

When you use affirmations you are activating a powerful tool to empower yourself, achieve success and improve your life.

By using this process consciously and intentionally, you are influencing the subconscious mind. This in turn transforms your habits, behavior, attitude, expectations, internal beliefs and vibration. From there they influence, affect and create your external life. By stating, and consistently claiming, what you want to be true, irrespective of your current circumstances, you WILL start to shift the energy in your mind and therefore in your life.

The following affirmations are some examples I have used that have helped me attract amazing things:

“I am a magnet for magic, miracles and money!”

“I am joyous, I am of service and I am prosperous!”

“I am adored and adorable and I live in gracious abundance!”

“I am worthy, I am wonderful, and I easily attract all that is mine by Divine Right!”

“I am blessed, I am a blessing and I naturally manifest my heart’s desires”

“I am living a life of grace, ease and joy-filled prosperity!”

“I am loved and I am loving. I am authentically empowered and I am abundant!”

“I am grateful, gracious and glorious manifester!”

“I am aligned with the Universe and relax in receptive abundance!”

Make sure your affirmation is in first person and in present tense. Also make sure it feels uplifting, positive and REALLY GOOD when you say it!

Write down your affirmation on sticky notes and place them on your mirrors, by your bed, the refrigerator, at your desk, in your car /or anywhere else you will see it to remind to you to claim your affirmation often.

Repeat your affirmation first thing in the morning when you wake up, and then evening before you go to sleep. It is also empowering to “plug in your affirmation” when you are in a receptive relaxed state, hanging out alone, in line at the grocery store, waiting in traffic, or whenever you want to make great use of your downtime.

Next, keep your eyes open, scan the horizon, and be prepared for coincidence, “God winks” and synchronicity. It won’t be long before you start experiencing positive feedback from the Universe that your affirmation is being heard AND helping you attract what you are affirming!

3. Give Generously

If you are ready to manifest, give generously. What you PUT OUT, you will GET BACK! This is Universal Law: the Law of Attraction, resonance, karma, the boomerang effect, cause and effect and “water finding its own level.”

So, if you want more love, give more love. If you want more appreciation, give more appreciation. If you want more respect, give more respect. If you want to manifest more money, tithe your money. This is often the BIGGEST sticking point for most people who want to manifest greater prosperity - but perhaps THE MOST POWERFUL prosperity action step.



*One gives freely, yet grows all the richer;
another withholds what he should give, and only suffers.*

~Proverbs 11:24

I would like to explain a little about tithing. A tithe does not have to go to a church or to organized religion. Also to give money to charity is not a tithe. It is a wonderful thing to do, but a tithe needs to go *where you are fed spiritually*.

The foundational scripture the Bible shares on tithing comes from Malachi 3:10. It says "Bring ye all the tithes into the storehouse that there may be meat in mine house, and prove me now herewith," said Jehovah Lord of Hosts, "...if I will not open you the windows of heaven and pour you out a blessing that there shall not be room enough to receive it."

When I was personally in the throes of poverty, and meditated on this verse, I finally realized holding to my small amounts of money with a closed fist, and in fear, was not helping it increase. I realized I had to open my hand in faith and extend it partnership to the Universe. So, I started tithing. Not knowing, or even having great faith, but hoping it would help. I began to tithe because I was so tired of being broke and nothing else seemed to be working.

As I acknowledged the Universe as the source of my abundance, and gave the "first fruits of my crops" to where I was spiritually fed, the energy in my reality started to shift and open up. As I committed to my tithing practice, synchronicity

and opportunities started to ensue. This is the energy of the Universe, spiritual law and the only place in the bible where it says prove me wrong!

God knows what we want and what matters most to us. So, in order for us to authentically partner with the Universe, we need to partner in all things and all ways.

Money isn't just about money, it's an energy and a symbol of what we value as human beings on planet Earth. Saying we want to partner is easy, putting our money where our mouth is, is much harder. While the Universe does not need our money, it *IS* interested in our hearts. Thus in teaching of the tithe, the Universe is not after our money, as much as our heart.

So, now Inwardly ask yourself right now: "What do I really, really want?" Next listen deeply.....and now go and share the gift you want to receive with the world!

4. Receive Graciously

True prosperity is like breathing—give generously, then relax and receive graciously. When I was struggling financially, I asked the Universe: "Why can't I make more money and manifest the gifts of the Universe?" What I got back was: "Your heart is not open. You cannot even graciously receive a compliment or lunch from a friend." It was true, my homework assignment was to relax, become receptive, receive and start saying "THANK YOU!"

And now your homework assignment (should you choose to accept it) is to open your heart and say: "Thank you, that is so kind and generous of you!" to anyone who offers a compliment, or a gift, opens the door for you, wants to buy you a cup of coffee, or any other act of kindness and/or generosity.

Also be graciously receptive to the generous gifts from the Universe. Open your heart, be fully present, acknowledge and receive when you see a beautiful sunset, hear your favorite song on the radio, or when you experience a coincidence or "God Wink."



*You cannot manifest the gifts the Universe has for you,
or anything great in life with a closed heart.*

When you receive graciously, and with an open and welcoming heart, the Universe, and others, will start to share more with you.

5. Treat Yourself the Way You Want to be Treated

Yes, treat others the way you want you want to be treated AND treat yourself the way you want to be treated. Your experience of outer reality is a reflection of your inner reality. So, if you want to be respected, respect yourself. If you want to be adored, adore yourself. Think about how you want to be treated, consider how you can treat yourself that way – and then do it!

We attract, and are attracted to, others who treat us the way we treat ourselves. If you truly love yourself, you will not settle for less than love from others. If you respect and value yourself, you will not waste your time with those who do not treat you with respect and value. You will not slowdown in an attempt to convince anyone of anything! You will be too busy being happy, being in your loving and looking for those who love you back!

Be kind to you, be nice to you, be loving with yourself, and then notice how much better life starts treating you!

So start being kind to you! Buy yourself those flowers, sign up for the dance class, get a massage or treat yourself to a nourishing meal. Honor yourself, nurture yourself, treat yourself like a cherished friend and someone you adore. Then pay attention to how things start to shift around you. Yes, some people might go away, but that is ok! It will make the space for other more loving people (and the people the Universe really wants in your life) to start showing up!

Ask your heart, your Higher Self, or Source: “How can I treat myself with great value?” Listen deeply, pay attention to your inner voice, and follow through with the suggestions presented from your inner wisdom.

6. Still Your Mind

Fear and anxiety comes from the alpha brainwaves and the conscious thinking mind. Peace, joy and a sense of connection comes from the heart and the deeper brainwave state of Alpha and Theta. This is the heartbeat of the Earth and vibration of nature as well. Take a deep, healing cleansing breath, relax your mind and let yourself go on a “brain vacation.” Center your awareness in your heart and align with your soul. Spending time in this place creates the energy and space for miracles, synchronicity, peace, Divine support and love.



We all have the opportunity to listen to the wisdom within, but since the soul whispers, we must first quiet the mind. Life can get busy, and time can seem limited. However, if we spend time in silence and in meditation, we become more present, more effective, more purposeful and more streamlined with our time, thoughts, actions and deeds.

Spend time in nature, immerse yourself in silence, consider starting your day with at least five minutes of silent heart-centered time, and then be prepared for synchronicity to ensue.

Also, download This Healing Guided Meditation I have created just for you.

[Introduction to Prosperity](#) Listen everyday if you can. Guided meditations are simply a meditation with the support of a guide. They can support you in relaxing the “monkey mind,” clear the limiting content in your subconscious mind, create new neuropathways in your brain, and help line you up with your Soul Self.

My meditations work best with earphones. First thing in the morning, or last thing before you go to bed at night are wonderful times to inwardly prepare yourself for prosperity, or whatever it is you want to manifest. However, there are no “bad” or “wrong” times to relax and enjoy the journey. Trust your intuition and inner guidance and enjoy the experience.

Guided meditations are the most effective, most powerful, and most enjoyable way I know to release what is no longer serving you, shift your inner reality, heal outdated beliefs and claim what it is you really want for yourself. (If you like it, I have a library of them available on my website).

7. Do What You Love

There are three categories of work: job, career and life purpose. A job is what we need do to “get money.” A career is something we make money at, enjoy and are proud of. Our life purpose is what our soul came here to do; it is when we get paid to play. It is our highest contribution to the Planet. However, for this to come into focus, we need to open our mind and heart to what brings us joy, and what ushers in a deep sense of celebration, bliss and great love.

So, what brings you joy? What makes you happy? What makes your heart rejoice? If you are not sure, a hint might be something you did as a child that you loved. Roller skating? Playing basketball? Drawing? Painting? Music? Consider what

would be really fun for you - and then commit to doing it, even if it doesn't intellectually make sense or seems like a waste of time.

When you are in your joy, you are MAGNETIC, ATTRACTIVE and a BRIGHT LIGHT in the world. When you open your heart to your happiness, and what you really love, this opens the doors to unexpected opportunities and otherworldly support.

In order to open to our life purpose, and be compensated for it, we need to open our mind and heart to what we really love.

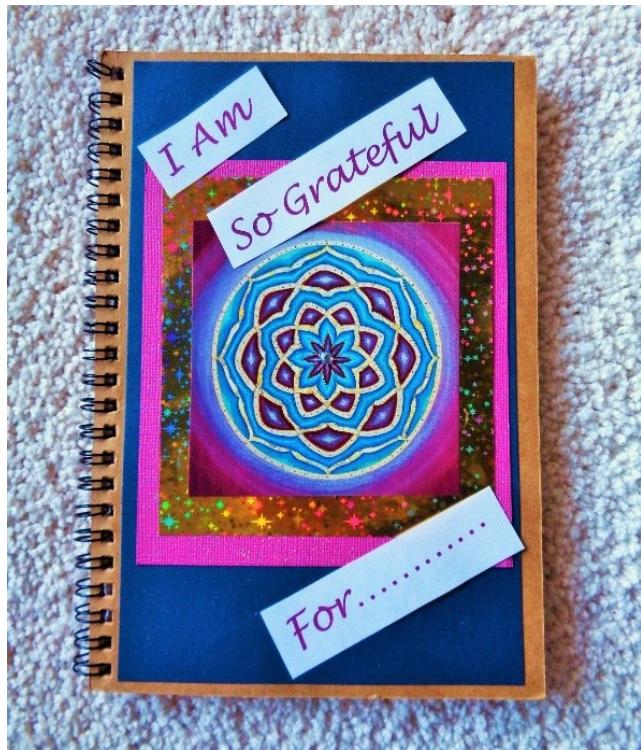
Joy, appreciation and love are the highest of vibrations! Follow your bliss, do what you love, participate in the activities that make your soul sing and you may soon find you are not singing alone!

8. Start a Gratitude Journal

What we focus on increases, so take some time at the end of your day to write down all that you are grateful for - big and small. The life lessons, the opportunities to learn, explore and expand. The wink from the attractive stranger; the dime on the sidewalk; the sunshine; that adorable puppy; the laughing children. Pay attention, acknowledge, appreciate and TAKE PERSONALLY the abundance and beauty of nature, and ALL the wonderful things that come your way.

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend.

~Melody Beattie



Some spiritual teachers will say the energy of the Universe, is more like appreciation and gratitude than even love. As we spend time in gratitude, we line up with the energy of Spirit, and cultivate a relationship with the “Cosmic Birther of All of Creation.”

Express heartfelt gratitude for all of the “signposts” that represent love and prosperity. Conscious gratitude, on a daily basis, is a POWERFUL TOOL that CAN and WILL open the floodgates for you to naturally attract even more to be grateful for!

9. Write, Imagine, and Create

Dare to dream BIG and allow yourself to consider, and fully imagine, what you really want. Review your intentions daily, (update and revise them as often as you would like.) Get into the feeling state of having exactly what it is that would bring you joy, happiness and the experience of prosperity.

Frequently imagine in detail, and consider living a glorious day in your love-based, fulfilling and abundant life.



Create a vision board or a heart collage. Go through magazines or print out images from the internet. Cut out the images, words and phrases that excite you, inspire and/or make you happy. Place these images and words on poster board. Embellish it with crystals or items from nature if you would like. When you are done, set the collage about 8-10 feet away from you and look at it as a complete work of art. Allow it to inform you about your life's purpose. Revel in the feelings it brings up. Learn from this collage, knowing it is a mirror for your Soul Self. Invite it to share feedback about what you really want, what you should be doing, and who you are at the deepest level.

Writing things down, creating collages, or vision boards, imagining, daydreaming, and getting into the feeling state of prosperity are powerful ways of activating your conscious mind and programming your subconscious mind. They also increase your vibration and your point of attraction. And since water always finds

its own level, what you start to attract and manifest from participating in these activities will certainly be surprising, interesting, powerful and wonderful.

*The subconscious mind speaks in the language of symbols
and the subconscious mind loves ceremony.*

You may also want to consider other “personal prosperity ceremonies” you (and perhaps some like-minded prosperity seeking friends) could participate in. This is a fun way to engage and program your subconscious mind, and empower yourself at the deepest level.

These types of exercises and activities help you claim what you want in a congruent fashion and anchor your intentions. They are a “shout out” and a clear sign to your conscious mind, your subconscious mind, your soul, and the Universe, that you are indeed ready to manifest your heart’s desires!

10. FORGIVE!

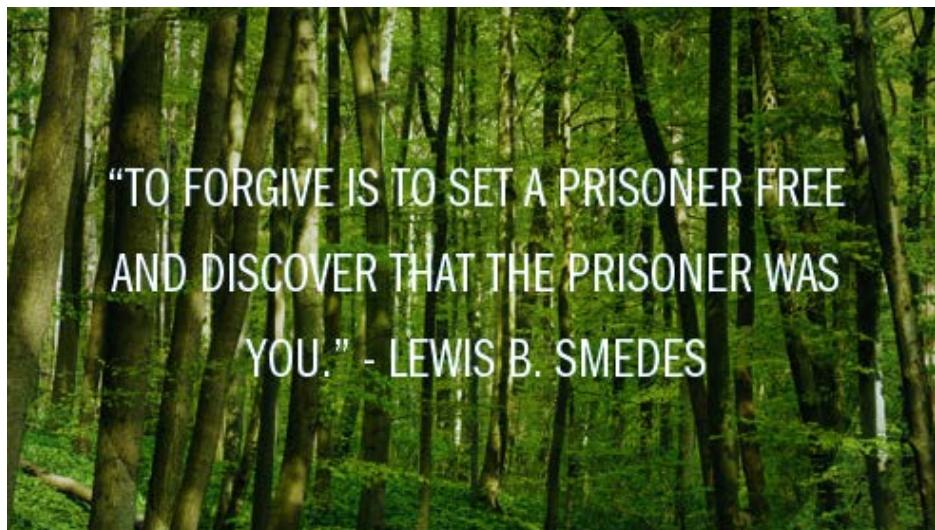
If you are like most people, there are people in your life who have disappointed you, hurt you, taken advantage of you, betrayed you and/or lied to you. And of course this is painful. However, if you hold onto these hurts, and choose not to forgive, you are holding onto a burning coal that is hurting YOU more than THEM! This energy will not only cause you physical, mental and emotional problems, it will also prevent you from attracting what you really want.

While in the throes of my financial, health and relationship struggles, I turned inward, meditated and asked this question: “Why can’t I move forward in my life?” This was the wisdom that bubbled up from within: “Because you are looking backward with regret rather than forward with optimism.” It was true, I felt like a victim, told my story frequently and felt very sorry for myself. It finally became clear, in order to get free, and move in the direction of my dreams, I had to forgive everyone that I thought had “done me wrong.” Not for them, but for me.

If you do not know how to begin the forgiveness process, simply start by *setting the intention to forgive*. (If you need additional support I have a guided meditation CD called Deep Forgiveness on my website).

I also had to forgive myself, for all of the perceived mistakes and bad choices I had made. I had to relinquish my guilt and shame. I had to “let myself off the hook” for anything and everything that was holding me back from loving myself. I cannot express the relief I felt when this started to manifest, and I cannot recommend this healing practice highly enough! So if there is anything you are judging yourself for, identify it, and then forgive yourself!

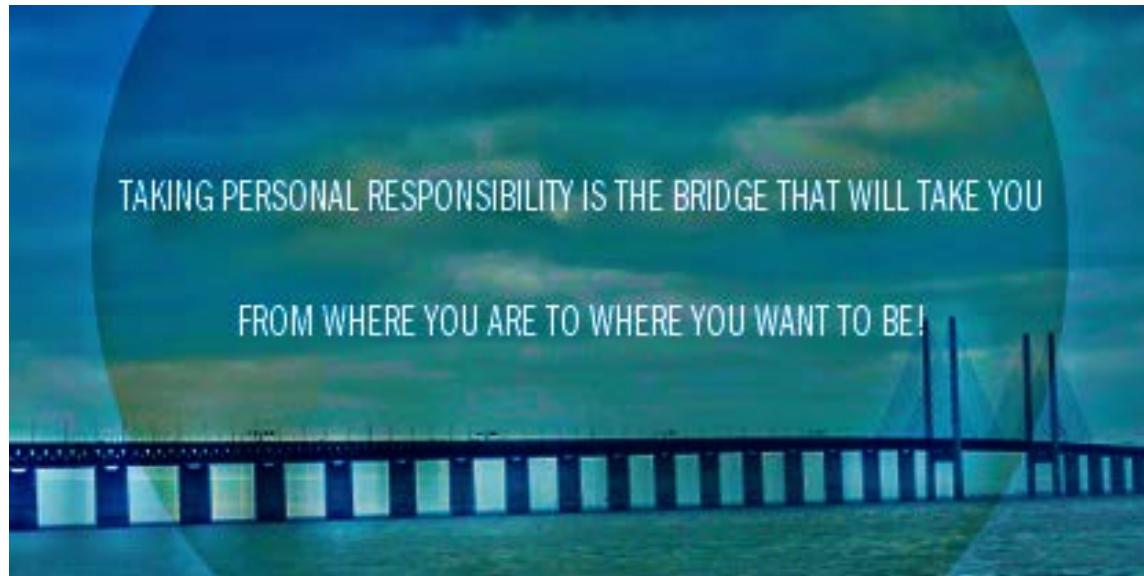
What I know for sure is everyone is doing the best they can given their level of consciousness. When we can bring compassion to the actions, experiences and people (including ourselves) we have judged as “bad” or “wrong” is when we can learn from them and then finally become free.



Forgiveness is a process, not an event. And rarely happens all at once, but rather in layers. Be patient with yourself, but clear in your intention to forgive. Once your intention starts to manifest (which it will) you will begin to experience an energy of liberation, relief and inner freedom. You will also begin to more easily attract what it is you want, deserve and desire in your life.

11. Choose to Take Personal Responsibility; Choose to be Empowered

We either take responsibility for our lives or we do not. We are either in a victim posture or an empowered posture. Ask yourself: Is life HAPPENING to me? Or RESPONDING to me?



When something unpleasant happens, how do you feel? A victim gets angry or depressed. The empowered person asks: "What is the opportunity for me here?" Consider a recent event when you were very emotional or upset and ask yourself, "Am I blaming someone else?" And if so, ask yourself "What is my soul trying to learn?" If you blame others, rather than take responsibility, you remain entrenched in the victim stance. Then you will undoubtedly feel powerless and vibrate at a frequency where you will certainly attract more situations where you feel victimized.

The truest truth is life always responding to your energy and your consciousness

Once you make the choice to be empowered, and say yes to learning your souls lessons, you glean the diamond from the coal and you "graduate." You will no longer attract those types of people or experiences.

The victim mindset dilutes your power and potential. By not accepting personal responsibility, you limit your capacity to create a prosperous, joyful and empowered life.

When you heal the victim consciousness you feel more comfortable and confident. You become more clear, conscious and discerning. You also start to experience more positive circumstances and situations in your life. As you step more fully into your authentic power, you increase your vibration, spiral up, and begin to attract other empowered people to create, celebrate, prosper and play with!

12. Take Small Steps in the Direction of Your Dreams

Science of Mind has a wonderful saying: “Treat and move your feet.” Do the inner work (journaling, meditating, visualizing) then TAKE ACTION! You don’t have to do big, significant or overwhelming things—just take little steps. When you show up and take courageous action on your behalf (even if they are tiny steps) the Universe will show up and “synchronistically” and “miraculously” support and guide you.

If you want to write a book, and are overwhelmed by the notion, just start by getting a notebook, write down the title and what the book is about. Or perhaps identify the chapters. Then jot down notes and ideas when inspiration strikes.

If you want to be a professional photographer, take a class, start taking pictures. Get a business card with your name on it and the words “Professional Photographer.”

If you want to be a teacher, invite people over with the intention to connect, communicate, uplift and teach! Find a self-help book you can go through together....or even this report! Take small steps and have fun on your journey.

Ask for help or support if you need it. Have conversations and brainstorm with your friends, or people you respect and admire. Nobody ever built their dream life all by themselves. None of us are alone, but rather “all one.” We heal and grow in

community. Who would you like to “commune with” or expand with? Think about it, feel into it and take some small action steps.



I invite you to turn your attention inward and ask yourself: “What is a small step I can take RIGHT NOW to let the Universe know I am serious about manifesting my desires?” Next, TAKE ACTION! Even if you are uncomfortable, even if it takes courage (courage is not the absence of fear, but taking action in spite of fear).

Your small action steps WILL be rewarded. You WILL be met with miracles and grace. Small consistent steps in the direction of your goals and desires, ensures that you WILL eventually be living the prosperous life of your dreams!

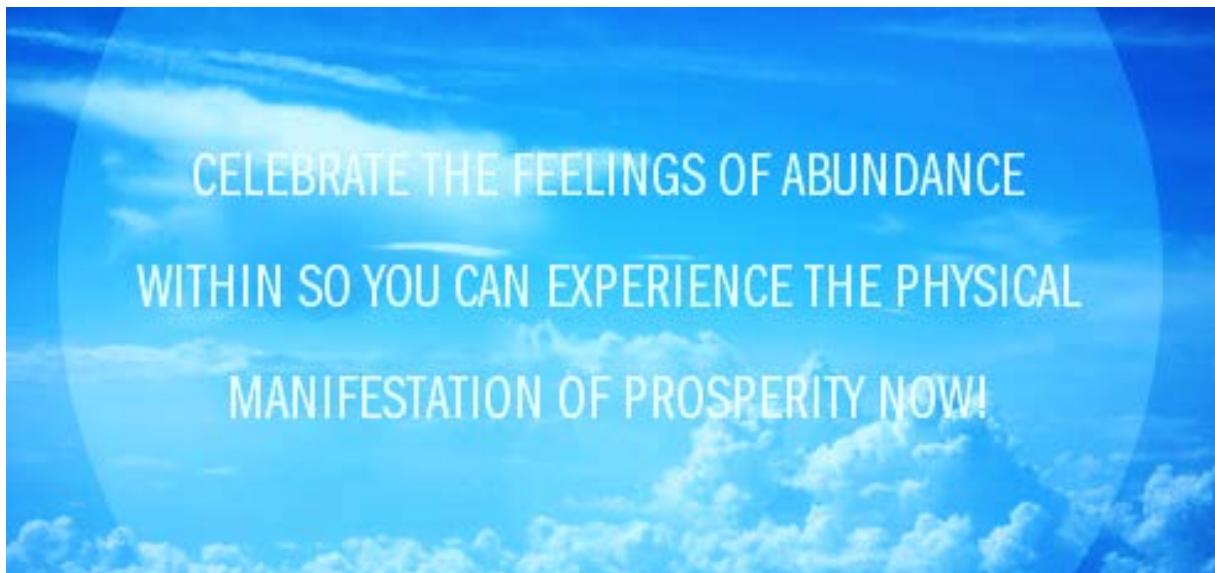
13. Get into the Feeling State! Claim Your Prosperity!

What would it feel like to live a truly prosperous life? Relax into that feeling state here and now. The only reason we want anything is because of how we THINK it will make us FEEL. But as creative and imaginative beings we have the power and potential to get into that feeling state any time we want, including NOW. This is

how many successful athletes refine and improve their skills – and it can work for manifesting prosperity as well!

The subconscious mind does not differentiate between what really happens and what is vividly imaged. Take responsibility for programming your subconscious mind, and your future, by imagining and enjoying what you want now.

How does it feel to have all the money you want? To have no worries and simply be happy? What do you experience as you consider, in detail, the lover, or perfect partner of your dreams? How does it feel to relax into your confidence, do what you love and be well compensated?



How does it feel to travel the world and not be concerned about your finances? How does it feel to be free, in your loving, peaceful, excited and/or relaxed (or however else you want to feel)?

Breathe that energy in to the very center of yourself, really feel it, enjoy it and spend time there. What you want is no longer some “out there” in the future notion, it is your present reality, current feeling state and right now experience.

*Claim your power and claim your value!
Explore, enjoy and FEEL your prosperity right here and right now!*

Water finds its own level. When we take responsibility for our inner reality, outer reality shifts around us. Choose WHAT you want to think about, HOW you feel and imagine what brings you joy. Spend time in this place and then pay attention, acknowledge, and deeply appreciate the winks from the Universe.

14. Spiritual Surrender

For many the word surrender may seem to have a negative connotation. It can be interpreted to mean “give up.” However, when we surrender to Universe, this is when we can be carried the direction Spirit would have us go for our highest good and the highest good of all concerned.

Pain comes from our resistance. When we surrender to the Universe, we release our resistance, relax into receptivity, and come into acceptance and alignment.

Control is humanity's greatest addiction - control is also an illusion. Spiritual surrender is admitting that we're not in control. It's getting out of our own way and trusting a Higher Power to inform, support, love and guide us. Spiritual surrender liberates us from fear and helps us hear the answers to our difficult questions. It also softens our hearts, points us in the “right direction” and grants us peace.

Marianne Williamson has said: “Surrender means the decision to stop fighting the world, and to start loving it instead.” Additionally, I believe surrender opens us to receive the love of the world.

Surrender helps us dissolve and relinquish anger, frustration, anxiety and fear. It is a love-based, faith-based posture. It is trusting the energy responsible for all of Creation is on our side, wants us to prosper and adores us completely. This is the ultimate Truth, but since we live on a planet of free will and choice, we can only receive it if we believe it.

Take your hands off the steering wheel, say to the Universe “Thy will be done” and allow your life to go into the hands of the Universe completely.

~Gary Zukav

Surrender is like fighting to go upriver and then finally relaxing, so the river can take you the direction you should really be going. Abraham Hicks will say “There is nothing upriver you want or need.” I wholeheartedly agree.

So the question I pose to you now is: Have you suffered deeply enough? Have you struggled for long enough? Are you ready to relax, surrender in faith and receive your Divine Inheritance? And would you like to receive support from the Universe with grace and ease? This can only happen if you are willing to surrender. It is as simple and difficult as that.

If God is your co-pilot, switch seats.

While it is true, some things you THINK you want may go away, they were ultimately things that were not truly meant for you. When I surrendered my ex fiancé years ago, he immediacy met another woman and left me. I was heartbroken, felt unloved by the Universe and unworthy of wonderful things. Now I understand, the Universe was loving me, guiding me and clearing my path to meet the man that God sanctified for me. It also paved the way for me to manifest a life of purpose, authentic power and Divine Prosperity. None of this could have happened if I had got what I THOUGHT I wanted, and if I had not surrendered to the Universe.

Surrender creates the space in our hearts, minds and our lives for Divine inspiration, otherworldly support, synchronicity, grace and ease.

Years ago I created a God Box, a painted purple wooden box, and embellished it with crystals and butterflies. I imagine placing all things I wanted help with in this box. I also place all the things I am grateful for, along with my ideal scenarios, my relationships, my career/life purpose, and my questions. It is a wonderful touchstone, and helps me to remember I do not have to figure out life all by

myself. I have a wise, willing and wonderful friend in God and the Universe that sees things from a much higher and clearer perspective. This energy is always looking out for me, and longs to love, support, guide and inform me.

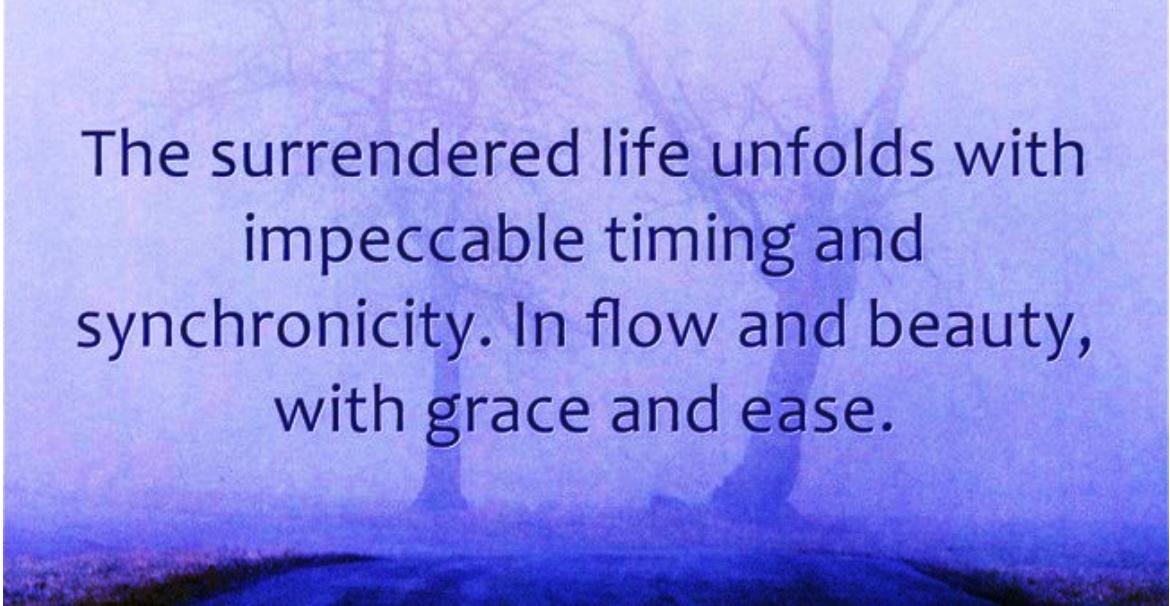
God and the Universe also longs to love, support, guide and inform you. If you have not already, I am presenting you with an opportunity to open the door to the most important relationship you can ever have. So, if you are ready to receive Divine Guidance, and claim your Divine Inheritance, you may be ready for an “Invitation and Surrender Ceremony.”

You may choose to light a candle, then invite Light and Love in, for your highest good, and the highest good of all concerned. Next open your heart and utter this powerful *Surrender Prayer*. (Please know you can change in it any way you would like, or create a completely different one that resonates more authentically for you.)

Dear Father Mother God, Lord of All Creation, Just now I invite you into every area of my life. I am requesting guidance, support, clarity, miracles, grace and ease. I no longer want to rely solely on my own understanding. You are responsible for turning the planets around the sun, for holding the stars in their places, for the creation of all the galaxies, and all the beautiful beasts of this world. You take care of the seasons, my heartbeat, my breath and so much more. I am now relaxing in faith, and open my heart to accept Your love, Your blessings, my prosperity and anything else You want to share with me. Thank you for all of the blessings in my life, and all the blessings that are on their way to me now. Thank You, Thank You, Thank You. And so it is.

We can attempt to create our lives from our limited understanding, or we can set our intentions, relax, and ask for help from a much Higher Authority. This is when we can receive Divine Guidance and Universal Support. So rather than banging your head against the wall, back up, relax, look around and see which doors may

be presenting themselves. When you surrender to the Universe, you will likely find things unfolding in far superior fashion to anything you could have created or manipulated into being all on your own.



The surrendered life unfolds with
impeccable timing and
synchronicity. In flow and beauty,
with grace and ease.

Spiritual surrender, in combination with the guided meditation and other thirteen steps identified in this prosperity program can lead you on a journey that is more joyful and abundant than you ever dreamed possible.

Did you enjoy *The Path to Prosperity*?

Let me know!

I hope you got valuable information and clear action steps that will support you in energizing your manifestation process and help you attract what is yours by

Divine right and what you want in the world. My sincere desire is that you experience and enjoy amazing results!

You deserve a life of great joy and immense prosperity. And now you have the tools. I hope you do not put these tools away in a closet where they gather dust. Consider printing this program out, along with your journal, and place them on your nightstand or your desk.

Write down your gratitude daily, along with all the miracles that manifest. Review the steps daily, experiment with them, explore them, expand with them, dance with them and allow them to evolve. Get into the feeling state of your prosperity and keep taking your little steps. Allow these principles to take you higher, deeper, broader, and wider. Listen to your guided meditation daily and partner and play with these techniques. Invite these fourteen prosperity practices to “turn up your wattage,” and support you in becoming authentically empowered on your human adventure.

Become the living example of a prosperous and joy-filled life. And as you do this, you will light the path for others who want to also claim a prosperous future.

Claim your Divine Prosperity in the world! You are the Child in Whom the Universe is well pleased. You are the Apple of God’s eye. You are the Light of the world! Enjoy the unique expression that is YOU! The angels and Spirit adore you and celebrate you. You just have to remember to adore and celebrate yourself.

*Commit to yourself and be consistent with these exercises and tools. They work!
Not because I say so, but because it is spiritual law.*

Click [here](#) to listen to a special message from Tammi

If you would like more tools, exercises, information, manifesting material or support please check out my guided meditations and books *Manifesting Love From the Inside Out* and *Manifesting Prosperity From the Inside Out* at www.tammibphd.com

Also my come by my academy with self-paced, interactive classes about love, prosperity and much more at: <http://www.academy.tammibphd.com/>

Let's connect on social media. Look for "Manifesting From the Inside Out" or "Tammi Baliszewski" on Facebook and Tammi Baliszewski @tammibphd on Twitter.

Please be in touch with any thoughts, feedback, success stories or questions. Also PLEASE let me know if I can further assist you in any way!

Sending you blessings for manifesting an empowered life of immense prosperity, heart-felt joy, deep fulfillment and great love,

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Dr. Tammi Baliszewski is the bestselling author of *Manifesting Prosperity From the Inside Out* and *Manifesting Love from the Inside Out*. She has helped thousands of people clear the blocks to their hearts desires. Her heart-based, comprehensive approach, along with a blend of spiritual and psychological principles, provides accessible tools that support students, readers and clients manifest fulfilling lives of purpose, passion and prosperity.

Tammi is an ordained minister, and has two doctorates: in Holistic Life Counseling and Metaphysical Counseling. Her Bachelor's degree is in psychology, she has completed three Masters Programs in spiritual psychology, and holds certificates in hypnotherapy, and art for healing. She is also a mandala artist and sacred art facilitator.

Additionally, Dr. Tammi is the host of the very popular radio program "Journey to Center" on www.empowerradio.com where she has interviewed Bernie Siegle, John Gray, Gary Zukav, Mark Nepo and many other respected spiritual leaders of our time. For more about Dr. Tammi, to download her free EBook, to check out her books, guided meditations, and academy courses please go to www.tammibphd.com

